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What is Fresh Food Weekly?









Fresh Food Weekly is a new food charity based in Barrie, Ontario that delivers free food to low-income families on a weekly basis. By connecting with local farmers and food businesses to collect donated food, Fresh Food Weekly seeks to improve food security by creating a reliable avenue to get fresh food into the homes of people who really need it.

Effects of the **Pandemic:**



The ripple effects of the pandemic are impacting everyone - but it's hitting the most vulnerable in our community the hardest. There is an unprecedented need to help those who are struggling to eat on a daily basis and the goal of Fresh Food Weekly is to alleviate their struggle to some degree.

2,000 **POUNDS A WEEK** We want to improve food security within the City of



Barrie by breaking down every single barrier preventing low-income families from eating three meals a day.

How We Started





any extra produce to donate to the vulnerable in our community.

On June 3, 2021, we started doing free fresh food delivers to 50 low-

We reached out to some local farmers and asked them if they had



income families living in a public housing building (Summitview).





Our Current Donors



- 3. Jillian Jiggs Baking 4. Fresh Veggies at 60 Aileen
- 5. <u>Dominion Farm Produce Ltd.</u>
- 6. Continental Specialties & Imports 7. <u>Caldense Bakery</u>

8. Barrie Farmers' Market

- 9. Orillia Fairgrounds Farmers' Market 10. Mapleview Community Church
- 13. Don's Bakery

11. Jay's Sticky Buns

14. Ozery Family Bakery

12. <u>Inloaf</u>

- 15. Southern Georgian Bay Farmers' Market
- 16. Coopers CSA Farm & Maze 17. Springh Farms
- 18. Forsythe Family Farms 2009 Inc. 19. Barrie Food Bank

20. Sprout & Bean Market Box

Where We Are Now

of Barrie.

It is now September and we're proud to say we're delivering this donated produce and bread items to 220 low-income families each week all over the City



this would be possible. We have 20 donors - 14 of which donate

food on a weekly basis. We also have around 10 volunteer drivers who deliver this food on Tuesdays, Thursdays and

Without our

donors, none of

www.FreshFoodWeekly.com

For a complete timeline of activities, check





Sundays.



